



Patient Dilation Consent Form

Dilation is an important part of a complete eye exam. Dilation will make your pupil (the black part in the center of your eye) large so that Dr. Martin can get a better look at the back of the eye to check for any problem that can occur due to the following:

- **Systemic Diseases**, such as diabetes, high blood pressure, cancer, etc., that can affect the eyes without obvious symptoms to the patient
- **Physical Changes** in your eyes, such as cataracts, glaucoma, retinal detachment, etc., that can affect your vision

The dilation will make reading things up close difficult, and make lights seem brighter than usual. This will last for 3-5 hours, although it can last longer in some people. Most people will be able to drive once their eyes are dilated, as long as they have sunglasses (which we can provide if you didn't bring any). However, if you feel uncomfortable driving, or have never driven with your eyes dilated, it may be best to have a driver. Please note there is no additional charge for having your eyes dilated.

It is highly recommended to have your eyes dilated if:

- *You are new to our office.
- *You are diabetic.
- *You are over the age of 45.
- *You have glasses or contact lens prescriptions over -4.00
- *You have been previously diagnosed with a condition in the eye that needs yearly monitoring.

Please check one of the following:

- YES**, I would like my eyes dilated today if the doctor believes it is necessary.
- NO**, I do NOT want my eyes dilated (see below).

I understand that, in refusing to have my eyes dilated, I am assuming all risks associated with failure to diagnose eye conditions due to lack of information which may have been provided by this test.

Patient Signature: _____ Date: _____